



## Early Start Project

PO Box 21013, Edgware, Christchurch 8143  
Phone (03) 365 9087 Fax (03) 365 9237

56 Shirley Road, Christchurch 8013  
[www.earlystart.co.nz](http://www.earlystart.co.nz)

19<sup>th</sup> October 2018

Dear Applicant

Thank you for your recent enquiry regarding the fulltime Family Support Worker positions.

Enclosed please find the following:

- Fact sheet with information about the Early Start Project
- Job Description
- Position Application Form

The starting salary is \$47,463. The salary range for this position is \$47,463 to \$58,578.

**Our Team is seeking one fulltime Family Support Workers (these are fixed term positions through to 30 June 2020). Following a comprehensive orientation you will work alongside a specified number of client families primarily in their homes in a planned and focused way. You will do this in a professional, sensitive and culturally appropriate manner.**

You will be a qualified Registered Nurse, or hold a Bachelor or Diploma in Social Work or an equivalent Level 7 qualification in related fields such as Psychology, Early Education or related Human Services disciplines.

Ideally you will have a sound understanding of child safety, health and development, knowledge of safe parenting practices and experience in working with children and families in a community setting. A passion for 'early intervention,' and a desire to form trusting, positive and a respectful working partnerships with vulnerable families with babies and young children is essential.

This is a fulltime role; the hours worked are Monday to Friday. An individual employment agreement is offered. **A current full NZ Driver Licence and own reliable car are essential.** Applicants for this position must have the right to work in New Zealand. **Applications close at 5pm on Mon 5<sup>th</sup> November 2018 (NO late applications will be accepted).**

The Early Start interview process comprises of 2 stages:

- 1) Pre-selection interview (½ hour)
- 2) Full Interview which includes a Practical test followed by a panel Interview (2 hours)

If you have any further questions, please contact me. I look forward to hearing from you.

Regards

Jan Egan

**GENERAL MANAGER**

# EARLY START FACT SHEET

## What is Early Start?

Early Start is a home-visiting service specifically designed to enroll families with newborn babies where adverse situations and destructive life habits negatively impact on the life chances of their children. The Early Start programme is designed to challenge these circumstances and to teach nurturing parenting practices enabling families to be the best parents they can be, thereby providing their children with a good childhood experience and giving them an optimum start in life.

## Why Early Start?

New Zealand newspapers, magazines, journals, TV and radio programmes tell us that many of our children are living in circumstances which increase the risks of exposure to abuse, neglect and poor child health. This information is supported by the Christchurch Health and Development Study which from 1977 studied the health and lifestyle experiences of 1200 Christchurch children over a period of 20 years. Its findings showed that the children most frequently identified as having multiple problems such as poor child health, mental health problems, drug and alcohol addictions and criminal behaviours are children who have been exposed to family-violence, drug and alcohol abuse, disrupted and disorganized living situations.

## Early Start Project Ltd Management:

The Early Start Project Ltd is a charitable company and is managed by a trust board comprising of a consortium of health providers.

- Canterbury Plunket,
- Christchurch Health & Development Study (Christchurch Medical School),
- Ministry of Vulnerable Children Oranga Tamariki,
- Pegasus Health,
- Maori Health Worker
- Business Advisor
- Cultural Advisor
- Registered psychologist.

## Project Funding:

Early Start Project Ltd is contracted to and is receiving funding from the Ministry of Social Development, Canterbury District Health Board, Department of Child Youth & Family and the Christchurch City Council.

## When & How Did The Service Begin?

- In December 1994 the Trust Bank Community Trust provided seeding funding to develop the Early Start Service.
- The Consortium formed early in 1995 and funding was secured from the Health Funding Agency, Community Funding Agency and the Christchurch City Council to pilot the service. Families were enrolled from October 1995
- In 1997 an 18-month evaluation of the Early Start service was completed and the published findings indicated that it was feasible to conduct a randomized research trial to test if New Zealand families would benefit from a home visiting service addressing identified family needs in a structured and systematized way using an intensive and long term approach.
- In 1998 the Government 'Strengthening Families' initiative provided funds for the service provision to the field trial, and this is in turn is distributed under contract by the Department of Child Youth and Family and the Canterbury District Health Board.
- In 2001 Canterbury DHB provided funding to establish an Early Start Service

## Programme Content & Service Delivery:

Professionally qualified and well-supervised Family Support Workers (with small case loads) home visit client families and work intensively with families to address a variety of challenges and difficulties facing enrolled families. These can include: family disorganization, family violence, drug, alcohol and gambling addictions, the effects of poor financial management, poverty, poor parenting habits and life skill deficits. The worker acts as a mentor, teacher, role model and co-coordinator of services. All workers are expected to be respectful of difference and conduct themselves in a culturally appropriate and safe way. The service is free, voluntary and available to families for up to five years.

## Early Intervention, a wise and prudent Social Investment:

The Social cost of non-intervention is already reflected in our national statistics; (crime, child abuse, addiction, violence etc.). A growing and ever widening recognition supports the premise that early intervention programmes give New Zealand Tamariki (our Children) a good start in life and will over time preserve the heritage of this country.

# Early Start Project Ltd

**Title:** Family Support Worker

**Accountable To:** (a) **Clinical Supervisor for Clinical Practice and Professional needs**  
(b) **General Manager for all other matters**

**Job Summary:** Early Start is an early intervention programme designed to deliver home based family support to families with challenging life situations. The intention of the programme is to increase overall family functioning and parenting skills for enrolled families; reducing the risks of child abuse and neglect, compromised child and family health and poor social outcomes. The client group is sourced through the general population with the birth of a new baby using various referral agents. This service is delivered by a professionally trained work force.

The role of the family support worker is to deliver the Early Start Programme to enrolled families in a professional, sensitive and culturally appropriate manner.

## Major External Functional Relationships

- Plunket Canterbury
- Midwives
- Child Health & Development Study
- Pegasus Health
- Strengthening Families Committees
- Iwi / Pacific Island Organisations
- Other Community groups and Health Professionals
- Ministry of Vulnerable Children Oranga Tamariki

## Internal Functional Relationships

- Office Manager and admin team
- Early Start board members
- Other Early Start family support workers

## Essential Job Functions

1. To engage with the enrolled family and their wider networks in order to form a positive, trusting and respectful working partnership between the family and the FSW.
2. To take on the role and responsibility of primary/key worker. *(When another agency already fills that role, to share and closely liaise with that agency.)*
3. To deliver the Early Start programme which includes the following:
  - 3.1. To act as educator, role model and mentor to the family, to provide relevant information, support and resources as needed, and to promote and enhance the following:
    - A close & loving bond between mother/father and child or children;
    - Appropriate and adequate baby and child care;
    - Safe and nurturing home environment;
    - Compliance to Health monitoring;
    - Adherence to treatment regimes
    - Appropriate and nurturing parent-child interactions;
    - Safe parenting practices;
    - Healthy life style;

- Achievement of educational / life skill goals;
- Transition from benefit dependency to participation in the workforce.

3.2. To home visit and contact each family as prescribed by the programme.

3.3. To offer practical assistance to enrolled families as required, to intervene in crisis situations and to assist families to move from a crisis-dominated lifestyle to a life-style that demonstrates self-sufficiency and diminished crisis situations.

3.4. To develop and review an Individual Family Support Plan with the family on a regular basis.

3.5. To act as advocate to the family and to liaise with other involved agencies.

3.6 To develop, review and regularly update a care plan/treatment programme for each family and to ensure accurate and full documentation of all casework as required by the programme.

4. To ensure all information gathering systems are accurate and kept up to date.
5. To prepare for and attend clinical supervision as required by the programme to ensure safe clinical practice.
6. To attend and participate in staff meetings, peer support and in-service training. To keep abreast of new developments, to continue self-directed learning in order to enhance, maintain and develop competencies.
7. Uphold a clear line of accountability and responsibility to the clinical supervisor as to client progress.
8. Provide backup support to other team members if and when required.
9. Perform other related duties as assigned by the manager or employer where appropriate

**KEY RESULT AREAS:**

**KEY RESULT AREA 1:**

Family Engagement and client contact occurs as prescribed by the Early Start Service and is monitored effectively.

**KEY RESULT AREA 2:**

Early Start Goals, Guidelines, Procedures and Protocols are utilised when working with families.

**KEY RESULT AREA 3:**

Assist and support families/whanau to raise healthy, happy and thriving children in a nurturing family environment that leads to increased self sufficiency & diminished crisis situations.

**KEY RESULT AREA 4:**

All required documentation is completed accurately and on time.

**KEY RESULT AREA 5:**

Cultural Safety is demonstrated.

**KEY RESULT AREA 6:**

Advocacy for children.

**KEY RESULT AREA 7:**

Supervision and professional development opportunities are used effectively.

**KEY RESULT AREA 8:**

Positive Team Functioning.

**KEY RESULT AREA 9:**

Additional Duties.

**Please refer to the Family Support Worker/Whanau Awhina Self Monitoring Handbook (Aug 2005) for specific indicators & measures.**

**PERSON SPECIFICATION****Essential Qualifications** *(One or more of the following)*

- Bachelor of Nursing, Comprehensive/General & Obstetric Nursing Registration.
- Bachelor of Social Work,
- Diploma in Social Work,
- Equivalent qualification/training in related fields such as Family Support, Psychology, Human / Child Development and Public Health.

**Desirable (not necessary) additional qualifications:**

- Recognised qualifications in Plunket Work, Midwifery, paediatric Nursing.
- Aotearoa New Zealand Association Social Work Certificate of competency.

**Essential minimum experience:**

A working experience in nursing, social work or related areas. Home based family support / Community Support work a necessary advantage. Experience of working with clients with moderate to high levels of anti-social behaviours and maladaptive learning patterns.

**Desirable additional skills and knowledge:**

Adequate working knowledge in:

- The Treaty of Waitangi and bi-cultural issues
- Human growth and development with an emphasis of infant and child development.
- Sound knowledge of family dynamics and its generational effects.
- The dynamics of family conflict, child abuse and neglect, safety protocols relevant to children's safety and domestic violence issues.
- NZ Child Protection legislation
- Psychosocial difficulties e.g. addictive and offending behaviours, lack of social skills
- Skills in decision-making, conflict and crisis management.
- A reasonable working knowledge of Christchurch community services
- Psychologically able to work in stressful situations and physically fit, able to cope with moderate physical effort, e.g. prolonged standing, walking, occasional reaching, stooping, bending, kneeling or crouching. Able to lift and carry children up to 15kg.
- Excellent written and oral communication skills.
- A current full drivers Licence and a willingness to use own personal car for job related functions (approx. 5,000 kms per year)

**Desirable Professional Association Membership:**

(a) Current up to date membership in one of the following:

- NZ Nurses Association
- NZ Association of Social Workers
- NZ Association of Counsellors
- NZ Social Work Registration
- Or any other appropriate professional body

(b) Or be in the process of attaining membership of any of the above-mentioned associations.

**Non-Smoker:**

- Early Start has a policy of only employing people who are non-smokers.
- For any employment application, a non-smoker is defined as someone who has never smoked, or has not smoked for the last three months. When applicants are accepting the appointment to the particular position, it is a condition of the employment that they are, and remain, a non-smoker.

**Equipment:**

1. A valid full NZ driver's Licence
2. A car with a current registration, current warrant of fitness and adequate insurance. Vehicle must be able to accommodate recommended child restraints.
3. Home telephone.



## Early Start Project

PO Box 21013, Edgware, Christchurch 8143  
Phone (03) 365 9087 Fax (03) 365 9237

56 Shirley Road, Christchurch 8013  
[www.earlystart.co.nz](http://www.earlystart.co.nz)

# POSITION APPLICATION FORM

Position Applied for: Fulltime Family Support Worker (fixed term to 30-6-2020) Date: \_\_\_\_\_

## PERSONAL DETAILS

Name: \_\_\_\_\_  
(Surname) (First name)

Postal Address: \_\_\_\_\_

Telephone: \_\_\_\_\_  
(Private) (Business) (Mobile)

Email: \_\_\_\_\_ Available start date: \_\_\_\_\_

**PLEASE** attach a copy of your covering letter and Curriculum Vitae (CV). If you do not have a CV please attach a summary of your experience: including things you have done (paid or unpaid) that may be relevant to the position.

## EDUCATION AND TRAINING

Qualifications completed:

Certificate/Degree/Diploma	School/College/University	Year Completed

Current study commitments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## PRESENT EMPLOYMENT

Name of Employer: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ Present salary: \_\_\_\_\_

Position held: \_\_\_\_\_ Since: \_\_\_\_\_

Reason for wanting to leave (be specific): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List of roles you held, duties performed, skills used or learned, advancements or promotions while you have been working in this organisation: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## PAST EMPLOYMENT

Include all positions held in the last 5 years, **beginning with the most recent**, including periods of unemployment, travel or fulltime study.

Company/Organisation	Position held	From	To

May we contact your current or most recent employer(s)?

YES

NO

Please provide contact details:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to you: \_\_\_\_\_

## REFEREES

Please list names and contact details of two people who can be contacted for a recent work reference. At least one should be a Supervisor, Team Leader or Manager whom you have worked for.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_ Email: \_\_\_\_\_





## DECLARATION

I \_\_\_\_\_ (*full name*) declare that to the best of my knowledge, the answers to the questions in this application and any other information supplied is correct & that I am able to fulfil the requirements of the job description and person specification as supplied to me. I understand that if any false, or deliberately misleading information is given, or any material fact omitted, my application may not be successful, or if I am subsequently employed, that I may be dismissed.

## PRIVACY ACT PROVISIONS

Under the provisions of the Privacy Act, I authorise Early Start to seek verbal or written information about me from my nominated referees (if given). I understand that the information received from the nominated referees by Early Start is supplied in confidence as evaluative material and, pursuant to the Privacy Act 1993, will be kept confidential.

If I am appointed to this position Early Start will retain my application form on my personnel file during the term of my employment & archive it for 7 years thereafter. If unsuccessful my application/interview material will be retained for 1 year and then destroyed, unless I request otherwise.

***PLEASE SIGN BELOW AS HAVING READ, UNDERSTOOD AND AGREED  
TO THE PROVISIONS OF THIS APPLICATION FORM.***

SIGNED: \_\_\_\_\_

DATE: \_\_\_\_\_

***Please attach documents to support your application.***